# **Coaching Skills**

Successful leaders understand that regular coaching is integral to their job. We present coaching and training as part of an overall development process and show how to integrate both into other management processes. This enables managers to build their team all of the time, not just coach them when there is a problem that needs attention. The result is more productive, more effective teams.

In this program participants will learn to use coaching to improve the performance of others.

### **Program Outcomes**

- Understand the performance improvement process
- Support the development of others
- Comfortably conduct a coaching conversation
- Sustain behavior change

# **Learning Process**

# Learning Content Four Steps of the Development Process Guidelines of Effective Feedback Key Coaching Behaviors Three Conditions for Coaching Learning Reinforcement Tool Assessment-Coaching Skills Self Reflection-Skill Will Matrix

## Program Length 4 Hours

# **Potential Applications**

All or part of this course could be part of a solution to help organizations with the following objectives:

- To set organization-wide expectations for how managers and supervisors will approach performance coaching
- As part of a larger program to enhance managerial skill